



St. Albert Location Core Program 2024-2025

The following schedule is a GENERAL GUIDELINE ONLY in regards to our Core Program.

Novice - Refers to 1-2 years experience in that discipline

Junior - Refers to 3-5 years experience in that discipline

Intermediate - Refers to 5-7 years experience in that discipline

- In order to assist current DanceCo families (those registered in our 2023-2024 season), we have put each dance name (relevant to 2023-2024) in the first column. Find the name of your dancers' class and the information beside it will provide the level, age and day/time for the upcoming 2024-2025 season. *Please note that this dance name is ONLY to find your day and time for the upcoming year. The dancers will not be doing the same dance again.*
- In some cases, an instructor may recommend your dancer to a different level. If this is the case, the instructor will be in touch with you directly to discuss your options.
- If you have any questions regarding the appropriate placement of your child, please do not hesitate to talk to your child's instructor.
- If you are looking for a particular class and do not see it noted below, please contact us and we can provide more info.

BALLET

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
From Primary	Beginner/Novice 1	Ages 6 to 8	Monday 415-515 or Wednesday 515-615 or Saturday 900-1000
The Magic Toy Shop	Beginner/Novice 1	Ages 9 to 11	Tuesday 515-615
Bunny Hop/The Lost Ark	Novice 2	Ages 7 to 9	Monday 415-515 or Saturday 1045-1145
Bathing Beauties/Dancing In The Rain	Junior	Ages 8 to 10	Wednesday 615-715
Angelica/The Yule Ball/Cheese Dreams	Junior	Ages 9 to 11	Monday 415-515 or Saturday 1230-130
Mission Impossible	Junior	Ages 10 to 12	Saturday 1245-145
Sign Of The Times	Inter	Ages 12+	Tuesday 815-915
N/A - Technique Only	Inter/Senior	Ages 12+	Tuesday 830-930
The Witching Hour	Senior	Ages 14+	Tuesday 715-815
N/A - Demi Pointe	Senior	Ages 13+	Thursday 630-730 *Teacher Recommendation Required

JAZZ

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
N/A	Beginner	Ages 8 to 10	Thursday 630-730
From Primary	Beginner/Novice 1	Ages 6 & 7	Monday 515-600 or Wednesday 430-515 or Saturday 1045-1130

What We Got	Beginner/Novice 1	Ages 8 to 10	Wednesday 515-615
Dancing Queens	Beginner/Novice 1	Ages 12+	Tuesday 730-830
The Walker	Novice	Ages 9 to 11	Wednesday 515-615
Greased Lightening/I Wanna Party	Novice 2	Ages 7 to 9	Monday 515-615 or Saturday 1145-1245
Be Our Guest/No Going Back/Cha Cha Heels	Junior	Ages 8 to 10	Monday 515-615 or Wednesday 415-515 or Saturday 1130-1230
Slay/The Show	Junior	Ages 10 to 12	Monday 615-715
Evacuate The Floor	Junior	Ages 12 to 14	Saturday 1130-1230
Ole Ola/All I Care About	Inter	Ages 10 to 13	Tuesday 515-615 *Teacher Recommendation Required
La Fiesta!	Inter	Ages 11 to 13	Monday 615-715
Shake Shake	Senior	Ages 14+	Thursday 530-630
Commander	Senior	Ages 14+	Wednesday 730-830
Hustle	Senior	Ages 15+	Tuesday 615-715 *Teacher Recommendation Required
Glam Squad	Senior	Ages 17+	TBA

MUSICAL THEATRE

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
Revolting Children	N/A	Ages 7 to 11	Saturday 1230-115
Learning Emporium Palooza EH	N/A	Ages 12+	Saturday 1030-1130

HIP HOP

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
N/A	Beginner	Ages 8 to 11	Tuesday 430-515
From Primary	Beginner/Novice 1	Ages 6 & 7	Tuesday 430-515 or Thursday 630-715
Troublemakers	Novice	Ages 9 to 12	Monday 715-815
Tenacity	Novice	Ages 11 to 13	Tuesday 715-815
KOT/Showtime/The Knockouts	Novice 2	Ages 7 to 9	Monday 615-715 or Tuesday 515-615
HP Crew	Novice 2	Ages 14+	Tuesday 830-930
Next Level/The POWS	Junior	Ages 8 to 10	Monday 515-615 or Tuesday 615-715
Power/Bank	Junior	Ages 9 to 11	Wednesday 615-715
Highlighters/Sauce	Junior	Ages 10 to 12	Tuesday 515-615 or Wednesday 715-815
Femme Force/Electrifiers	Junior	Ages 12 to 14	Monday 815-915 or Tuesday 715-815
Party Time!	Inter	Ages 11 to 13	Thursday 715-815

Welcome to The Show	Inter/Senior	Ages 13 to 15	Thursday 815-915
The Overtake	Senior	Ages 14 to 16	Tuesday 815-915
Wrecking Crew	Senior/Advanced	Ages 14+	Monday 615-715
Project Zero	Boys Class-Junior/Inter	Ages 12+	TBA

LYRICAL/CONTEMPORARY

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
N/A	Beginner	Ages 8 to 11	Wednesday 430-515
Once Upon A Dream (Contemp/Lyrical)	Beginner/Novice 1	Ages 12+	Tuesday 830-930
You Are Enough/Forever Young	Novice 2	Ages 9 to 11	Tuesday 615-715
Home	Junior	Ages 10 to 12	Thursday 730-830
In The Dark Of Night	Inter	Ages 13+	Tuesday 715-815
Waking Up Slow	Senior	Ages 14-16	Wednesday 830-930
Like You Never Left (Lyrical)	Senior	Ages 14+	Tuesday 815-915 *Teacher Recommendation Required
Raised By Wolves (Contemporary)	Senior	Ages 14+	Thursday 730-830 *Teacher Recommendation Required
Uprising (Contemporary)	Senior	Ages 14+	Thursday 830-930
Still	Senior	Ages 17+	TBA

ACRO

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
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* Novice to Advanced Levels require evaluation/teacher recommendation. Contact us for details.

N/A	Beginner/Novice 1	Ages 5 to 7	See Preschool/Primary List
N/A	Beginner/Novice 1	Ages 8+	Wednesday 715-815
N/A	Beginner/Novice 1	Ages 8+	Saturday 1230-130
N/A	Novice 2	Ages 8+	Wednesday 615-715
N/A	Junior	Ages 8+	Wednesday 515-615
N/A	Inter	Ages 8+	Wednesday 415-515
N/A	Senior/Advanced	Ages 8+	Thursday 415-545

TAP

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
N/A	Beginner	Ages 8-11	Wednesday 430-515
From Primary	Beginner/Novice 1	6&7	Saturday 1000-1045
California Girls	Novice 2	Ages 7 to 9	Saturday 915-1015
Cooler Than Me	Novice 2	Ages 8 to 11	Tuesday 415-515
Route 66	Junior	Ages 9-11	Tuesday 730-830
Lovely	Junior	Ages 10-12	Thursday 545-645

Good Daisies	Inter	Ages 12 to 15	Tuesday 715-815
Independant	Senior	Ages 17+	TBA

UKRAINIAN

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
N/A	Beginner 1	Ages 4 to 5	Friday 430-500
Sunshine	Beginner 2	Ages 5 to 6	Friday 445-530
Heel N Toe Polka	Junior 1	Ages 7 to 8	Friday 500-600
Hey Zabava	Junior 2	Ages 9 to 10	Friday 530-645
Poltava Rizvany	Junior 3	Ages 11 to 12	Friday 600-730
Marichko	Intermediate	Ages 13 to 15	Friday 645-815
Hopak Celebration	Senior	Ages 15+	Friday 730-900
N/A	Senior Additional	Ages 15+	Friday 900-945
Burya Spirit	Advanced	Ages 17+	Monday 815-945

ADULT CLASSES

NAME OF DANCE FOR 2023-2024	LEVEL FOR 2024-2025	AGE FOR 2024-2025	DAY & TIME FOR 2024-2025
Just Watch Me	All Dance - Beginner/Novice	Ages 18+	Monday 815-900
N/A	Hip Hop	Ages 18+	TBA
Mother Funkers	Jazz/Hip Hop - Inter	Ages 18+	Wednesday 815-915
The Times & I Got You	Jazz/Lyrical - Inter/Adv	Ages 18+	Tuesday 815-930
You Got Me	Lyrical - Inter	Ages 18+	Wednesday 915-1000
I Wanna Dance	Tap - Inter	Ages 18+	TBA
N/A	Tap Tech	Ages 18+	TBA
Delightful	Tap - Advanced	Ages 18+	Thursday 815-930